



## **Cultural Awareness Training**

Mirri Mirri offers two Cultural Awareness Training options to increase your understanding of First Nations Peoples and cultures.

### **Foundational**

Our foundational workshop is an introductory session designed for participants who have limited knowledge of First Nations Peoples, histories and cultures.

#### Key topics include:

- Acknowledgement and Welcome to Country
- First Nations people and culture
- Kinship
- Connection to Country
- Dates of significance
- Appropriate terminology

### **Advanced**

Our advanced workshop is designed for participants who have a baseline understanding of First Nations Peoples, histories and cultures.

#### Key topics include

- Unconscious bias
- Colonisation
- The Protection Era
- The Stolen Generations
- Trauma & Trauma informed care
- Inclusive work environments

Our 10 years plus experience enables us to tailor our workshops to meet your organisational requirements. We offer face to face and virtual options with a maximum of 40 participants per workshop.







3.5 hours: Face to Face



3 hours: Virtual



## On Country Experiences

Our On Country experiences are opportunities to strengthen team dynamics whilst gaining a greater understanding and connection with the lands of the Gadigal and Cammeraygal people.

We offer two On Country experiences for you to choose from.

## **Gadigal**



Set in the heart of Sydney's CBD, the Gadigal experience is a tour of significant Indigenous locations that combines team building activities with cultural learnings.

Working in teams, participants will visit a series of checkpoints where they will be required to complete challenges that increase their knowledge of Aboriginal history and culture.

### Cammeraygal



Surrounded by natural bushland and Garadi 'Black Cockatoo' walking track, the Cammeraygal experience is an opportunity to reconnect with nature and participate in various cultural activities.

The experience involves a scenic 1.2 km medium grade walk where participants learn about bush tucker and native plants, followed by cultural activities including weaving, spear throwing and fire making.



Sydney Region only



2.5 hours



**Team Building** 



## Art and Weaving Workshops

The workshop provides an opportunity for participants to create and keep their own individual artwork whilst learning about the significance of art for Aboriginal people.

Great for team building, we bring all the equipment and resources to you.

#### Art

The workshop provides a therapeutic environment to learn about Aboriginal art, symbolism and techniques.

Participants are given the opportunity to create and keep their own individual artwork.

## Weaving

Weaving has been a part of First Nations culture for thousands of years. Our workshop teaches the importance of weaving and provides a cultural experience where you create a bracelet of your own.

A great opportunity to strengthen relationships through meaningful conversation, this session introduces techniques used for weaving.

We can offer a combined art and weaving session.



Sydney Region only



1.5 hours



**Team Building** 



# eLearning

Narrated by Paul Sinclair, Director of Education, the Mirri Mirri e-learning uses powerful storytelling to explore Aboriginal culture, European arrival, the Stolen Generations and Aboriginal activism.

The course takes approximately 120 minutes and is an in-depth exploration of the following topics:

- Cultural Practices
- Aboriginal People
- Torres Strait Islander People
- European Arrival
- The Stolen Generations
- Activism

A certificate is provided to staff to acknowledge completion of the training.

For more information visit the Mirri Mirri training platform at mirrimirritraining.com.au



12 month access



120 minutes



Scaled pricing

## Terms and Conditions

Please read the following terms and conditions regarding your booking.

#### **Bookings**

We will provide confirmation of booking once you have accepted the quote. The quote will be sent to the primary contact email from your organisation.

Mirri Mirri will endeavour to deliver the program on your nominated day, however if this is not possible, a Mirri Mirri staff member will provide alternative dates.

#### **Rooms and Facilities**

Unless otherwise agreed upon, you will be responsible for providing a suitable venue for the delivery of the service. If this is not possible, inform Mirri Mirri as soon as possible and we will work with you to source an appropriate venue. Please note, this may incur an additional cost. Mirri Mirri will need to access the venue at least 45 minutes prior to commencement for setup.

#### **Participation**

Mirri Mirri commits to creating an inclusive environment for all people. Please inform us of any circumstances that may require us to modify our service to allow all attendees the opportunity to participate.



# Work With Us

Our aim is to make the booking process as simple as possible. Let us know what your preference is by emailing us at info@mirrimirri.com.au.

Once a program is confirmed, we will send you an electronic quotation. Click accept and we will take care of the rest.

